

# Easton Recreation

Easton Recreation Department

May 2018

## Baseball Sign-Up Now Open



This program is co-ed and open to ages 10-12. Games will be played on Monday and Wednesday evenings. The first practice will be held on in early June and games will start mid June. A complete game schedule will be in the summer book. We must have a minimum of 12 children signed-up & volunteer coach(es) in order to run this program! Please do NOT delay registering!

This program is co-ed & open to ages 7-9. Games will be played on mostly Thursday evenings. Practices will begin the first of June and games will start mid June. Game schedules will be printed in the summer program book. We must have a minimum of 10 children to run this program. We are in need of a coach(es) for this team!

### Contact info:

Hillary's cell - 551-7737

Rec. Office - 488-6601

The Rec. - 488-7708

Recreation E-mail -  
recreation@eastonme.com

## Circus Trip ~ Friday, May 4th

We will go to the 3PM show of the Shriners Circus. The bus will depart from the Elementary School at 2PM. The Recreation Department will be covering the cost of tickets but spending money is recommended for snacks and souvenirs on the day of the event. Summer recreation shirts

are required! If any parents are able to join us, it would greatly appreciated! Open to grades one and up, younger children may attend with an adult. **PRE-REGISTRATION REQUIRED**; bus seats are limited! **Don't wait until the day of; we don't want disappointed children.**



## Town Clean Up Day ~ Saturday, May 5th



The Town of Easton will provide a collection point at the town garage on the Fry Pan Road for household junk. **NO HOUSEHOLD GARBAGE OR USED OIL.**

There will also be a collection point next to the recycling igloos behind the town office to dispose of electronics such as: Televisions, Computers, Monitors, Printers, Fluorescent Bulbs, Circuit Boards, Cell Phones, Fax Machines, Scanners, Laptops, DVD/VCR Players, Batteries and Copiers. All recyclables must be deposited in the igloos behind the Town Office.

Coordinate your spring cleaning with the Town Clean Up Day and make use of our efforts to make Easton a more beautiful place to live.

---

## Early Release Day Trip ~ Friday, May 18th

School will be release at noon on Friday, May 18th. There will be a bus trip to the Northern Lanes for bowling, after bowling we will head to Houlton Farms. The bus will depart from the Elementary School at noon and return by 2:45 to the Elementary School.



The cost is \$5 to bowl and your child will need ice-cream money. Concessions will be available at the bowling alley. Children must have a note to attend and will not be allowed to call from school the day of. Thanks for your help with notes giving your child (ren) permission to attend!

---

## MRPA Track & Field

Once again this year we'll offer MRPA Track & Field. The program includes children ages 7 through 15 (as of December 31st, 2018). Practice will begin on Wednesday, May 30th. The program culminates with



three Track & Field Meets: (please mark your calendars)  
⇒ June 26, 2018 - Regional Meet Caribou High School  
⇒ July 2, 2018 - practice meet for State qualifiers  
⇒ July 10, 2018 - State Meet, Cameron Stadium, Bangor (must qualify to attend)

## After-School Programs

Monday, April 30 - Have a child scared of clowns or just want to see the transformation happen? Come to the Rec from 3-4:15 to watch Andrew become "Camo". Open to everyone! FREE

Tuesday, May 1 - Movie Day at the Rec. until 4:15. FREE

Thursday, May 3 - final swim lesson of first session; 2:45-4:30 (pick up at Elementary School)

Friday, May 4 - Circus trip; *more info on page 1*

Mondays, May 7, 14 & 21 - Cooking at the Rec. until 4PM. FREE

Tuesday, May 8 - Mother's Day Gifts/Crafts at the Rec. 3-4:15. FREE

Thursdays, May 10, 17, 24 & 31 - Second Session of swim lessons; 2:45-4:30 (pick up at Elementary School)

Tuesday, May 15 - Memorial Day Crafts at the Rec. until 4:15. FREE

Wednesday, May 16 - Hike from the Rec. until 4:15

Tuesdays, May 22 & 29 - Kids Yoga at the Rec until 4:15; *see page #4 for more info.*

Wednesday, May 30 - 1st track practice at Elementary School until 4PM. *See page #2 FMI*

## Softball is Back

This will be our 8th year for an adult co-ed softball league and it has been a hit to say the least. We will be offering this program again; teams need to register ASAP with the Recreation Department. We will have certified umpires and ASA guidelines will be enforced. A captain's meeting will be scheduled as



soon as teams are confirmed.

Games will be played on Tuesday and Sunday evenings starting after Memorial Day through mid-August. If you do not have a team but would like to play, please contact Hillary to have your name put on a roster.

## Summer Recreation Programs

Summer Registration booklets will be distributed mid May and registration will start the following week. We will distribute one copy per household and it will be accessible on our website at [eastonme.com](http://eastonme.com). There are set dates to register, if you can't attend at scheduled times please set-up a time with Hillary.

Look for more information in the Summer program booklet. Registrations received after June 15th will have a \$5 late fee applied. First come, first serve!



## “Take Me Out to the Ball Game”

Super excited to announce our next big bus trip will be to see the Portland Sea Dogs (the Red Sox double-A affiliate) baseball team play on Saturday, May 26th against Reading Fightin Phils from Philadelphia. I know it's not quite a Red Sox game but we're getting closer. The best part, tickets will be only \$15 and include transportation to Portland. We only have so many tickets

available so first come, first serve. Must have 20 signed up and paid by May 11th to guarantee the trip. We are currently taking reservations/payments! Any questions please ask.



## Children's Yoga Returns to Easton

This isn't your traditional Yoga class...Children's yoga is a different way to learn about the body. We'll stretch, strengthen, gain flexibility & balance through short age-appropriate activities, as well as learn how to calm our bodies, breath and mind. Yoga has shown to improve concentration, memory, attention, problem-solving and decision-making...all terrific skills needed for learning. Relaxation is just as important as exercise & we'll learn these concepts and more, all by hav-

ing fun! The cost is \$25.

Classes will be held on Tuesdays, May 22nd through June 12th. Classes will take place at the Rec until 4:15. Children must have a note to ride the bus from school. Class instructed by Julie French.

"Yoga has shown to improve concentration, memory, attention, problem-solving and decision-making..."

## Anah Shriner Clown Transformation

Circus time is upon us and often little (and sometimes not so little) people are afraid of the clowns and other dressed up characters. This is an event we have offered for the last couple years to watch a clown transform from a "regular person" to his clown persona. This will take place at the Rec. on Monday, April 30th from 3-



4:15. Children must have a note to ride the bus from school and all younger children are welcome to join in with their parent or caregiver as well. Snacks will be served. Mr. Coiley is such a good sport about letting the children tweak his nose and help to apply his make-up.